



ARMY POST-DEPLOYMENT HEALTH REASSESSMENT



U.S. Army Reserve Frequently Asked Questions

Click on the links below for answers to the FAQs

1. **I need medical attention now for my deployment-related health concerns, do I need to wait for the PDHRA?**
2. **How do U.S. Army Reserve Soldiers complete the PDHRA?**
3. **What if I don't have an AKO account?**
4. **Am I done with the PDHRA once I complete the PDHRA form on AKO?**
5. **Why is my stoplight Red in "My Medical Readiness" in AKO when I completed the PDHRA online?**
6. **I completed the PDHRA at the DEMOB site, do I have to do it again?**
7. **Will the results of the PDHRA be reported to my chain of command? Is it confidential?**
8. **How long can I get treatment for my condition? Am I entitled to disability?**
9. **Will my security clearance be affected if I receive a referral for counseling?**
10. **I'm already getting care at a VA facility. Do I still need to complete the PDHRA?**

Q1: I need medical attention now for my deployment-related health concerns, do I need to wait for the PDHRA?

A1: No, you should not wait for the PDHRA. In emergency cases, Soldiers should first call 911 for immediate medical care. In non-emergency cases, Soldiers should call the Veterans Affairs National Suicide Prevention Hotline at 1-800-273-8255 to be referred to the nearest crisis center. The Soldier's chain of command will provide assistance as needed.

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For additional information visit <http://fhp.osd.mil/pdhrainfo> or the "PDHRA for Soldiers" page in AKO.



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Q2: How do U.S. Army Reserve Soldiers complete the PDHRA?

A2: U.S. Army Reserve Soldiers will be notified by their commander when it's time to complete the PDHRA through one of two ways:

1) As part of a unit-scheduled screening event

- or -

2) Via the PDHRA Call Center. Begin by visiting the "PDHRA for Soldiers" page in AKO (<https://www.us.army.mil/suite/page/200435>) and scroll down to the section, "How do I start the PDHRA screening?" Click on this link and it will take you to the form. After filling out the DD Form 2900, you then complete the PDHRA by speaking with a trained health care provider located at the PDHRA Call Center (888-PDHRA-99 or 888-734-7299).

Q3: What if I don't have an AKO account?

A3: If you don't have an AKO account, contact the PDHRA Call Center (1-888-734-7299) to complete the DD Form 2900 and speak to a health care provider.

Q4: Am I done with the PDHRA once I complete the PDHRA form on AKO?

A4: No, you must then call the PDHRA Call Center to speak to a health care provider in order to complete the PDHRA screening process.

Q5: Why is my stoplight red in "My Medical Readiness" in AKO when I completed the PDHRA online?

A5: Your stoplight is red because the PDHRA is only partially complete. To finish the PDHRA screening, you need to contact the PDHRA Call Center at 888-PDHRA-99 (888-734-7299) and speak to a health care provider in order to complete the PDHRA screening process.

Q6: I completed the PDHRA at the DEMOB site. Do I have to do it again?

A6: The DD Form 2796, Post Deployment Health Assessment (PDHA), is completed at the DEMOB site. The DD Form 2900, the PDHRA, is completed 90-180 days after redeployment. These two forms are very similar. It may seem repetitive, but most readjustment issues evolve in the months following deployment. In order to capture any deployment-related health concerns that need to be addressed, the U.S. Army mandates that Soldiers be offered a reassessment using the DD Form 2900 90-180 days after redeployment from a Combat Zone.

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Q7: Will the results of the PDHRA be reported to my chain of command? Is it confidential?

A7: *If the Soldier's PDHRA results in follow-on care or treatment, an evaluation Line of Duty (LOD) is generated on a DD Form 2173 for the Commander's signature. Details of the health screening are kept confidential in accordance with the Health Information Portability and Accountability Act (HIPAA) and Privacy Act and are not disclosed on the LOD form.*

Q8: How long can I get treatment for my condition? Am I entitled to disability?

A8: *The PDHRA is a health screening only. Referrals are given to Soldiers if treatment or evaluation is necessary. After the Soldier follows up on that referral a diagnosis may be given. Any disability decisions will be made using existing requirements and Line of Duty determinations.*

Q9: Will my security clearance be affected if I receive a referral for counseling?

A9: *On 1 May 2008 the Department of Defense announced the revision of Question 21 on the National Security Positions Questionnaire (Standard Form 86). The revision now excludes counseling for adjustments from service in a military combat environment, as well as counseling related to marital, family and grief issues.*

Q10: I'm already getting care at a VA facility. Do I still need to complete the PDHRA?

A10: *Yes. The PDHRA is critical in helping the Army identify what health concerns Soldiers experience post deployment and how to improve the overall process for Reserve Component Soldiers. It's also designed to make sure Soldiers are aware of resources available to them and their Families.*

Commands & Leaders should visit the "PDHRA for Commanders & Leaders" page in AKO (<https://www.us.army.mil/suite/page/200441>) for information on scheduling Soldiers for the PDHRA.

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